



**Haas Wellness Center
Kenneth N. Haas, D.C.**

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"Seeing Dr. Haas transform the lives of patients is incredible. They come in so dejected and hurting. Within weeks, they are bouncing in the door happy and excited. It is amazing."

— Debbie Giblin



A NEW LEASE ON LIFE

Haas Wellness Center Restores Debbie Giblin To Health

By Michaela L. Duckett | photo By Joe Martin

Seven years ago, Debbie Giblin was a physical and emotional mess.

Her body always ached and was covered in bruises. She suffered headaches that would last for days, sometimes weeks. She had severe insomnia, and was always exhausted. Life became so unbearable that Giblin no longer wanted to leave the house.

"I didn't want to do anything," she says. "Just going out to lunch with friends became too stressful for me."

Giblin, who as a teen watched her grandmother succumb to Alzheimer's disease, says she became even more concerned when she started forgetting things. She recalls teaching Sunday school and having trouble completing sentences.

"My mind would just go blank," she says. "I would be standing there looking at everybody. I was so embarrassed. My way of hiding what was going on was to quit everything."

For Giblin, a woman who took pride in planning elaborate events, being active in church and always living on the go, life came to a screeching halt — and stood still for about six years. In short, she lost her passion for living.

Finally, Giblin turned to her Tuesday-night Bible study group for help, asking them to pray that she would find a doctor. A week later, a friend told her about Dr. Kenneth Haas, D.C.

Dr. Haas is a chiropractic physi-

cian and founder of Haas Wellness Center in Charlotte. By focusing on wellness care, Dr. Haas has dedicated his entire professional life to holistic health.

"Traditional medicine treats symptoms or a specific health concern," Dr. Haas explains. "Holistic care, on the other hand, embodies an entire lifestyle."

In his 26 years of practice, Haas says he has helped thousands of patients like Giblin. Since no two people are alike, he believes each person's treatment must be unique to their individual needs.

For Giblin, Dr. Haas developed a 12-week treatment plan that included chiropractic therapy, natural supplements, healthy nutrition, exercise, and body detoxification. About halfway through her treatment, Giblin began to wonder if she would ever get better.

One day, she woke up feeling radically different.

"I turned to my husband and said, 'I feel really good today for the first time in years.' From that point on, every single day, I got better," she says.

For Giblin, getting better included a 40-pound weight loss!

Now that her energy is restored, Giblin is back to living her life, and that includes working. Last August, she began working for Dr. Haas. "He gave me my life back," she says. "Now I get to see him do the same for patient after patient." [TCW]